

<b>General Information</b>	
Academic subject	Counseling and psychodynamic psychotherapy
Degree course	LM Psychology
Curriculum	Clinic psychology
ECTS credits	6
Compulsory attendance	No
Language	Italiano

<b>Subject teacher</b>	Name Surname	Mail address	SSD
	Amedeo Stella	amedeo.stella@uniba.it	M PSI 07

<b>ECTS credits details</b>			
Basic teaching activities	Psychodynamics	M PSI 07	6

<b>Class schedule</b>	
Period	Semestre I October 2020
Year	2020-21
Type of class	Lecture - workshops

<b>Time management</b>	
Hours measured	60 min
In-class study hours	40
Out-of-class study hours	

<b>Academic calendar</b>	
Class begins	
Class ends	

<b>Syllabus</b>	
Prerequisite requirements	
Expected learning outcomes (according to Dublin Descriptors)	<ul style="list-style-type: none"> <li>• <i>Knowledge and understanding</i> Knowledge of main clinical treatments in psychodynamics</li> <li>• <i>Applying knowledge and understanding</i> Ability to differentiate and explain the way to apply the main psychodynamic models of treatment</li> <li>• <i>Making informed judgements and choices</i> Ability to observe and to judge techniques and effects about the different approaches to the individual, the relationship and the group in psychodynamic psychotherapy</li> <li>• <i>Communicating knowledge and understanding</i> Abilities to express the contents learned during the course in a personal and competent way</li> <li>• <i>Capacities to continue learning</i> Reading, analyzing, and communicating texts and experiences concerning counseling and psychodynamic psychotherapy</li> </ul>
Contents	Focusing the main psychodynamic topics about counseling and psychotherapy
<b>Course program</b>	
Bibliography	- 1) Glen O. Gabbard, Introduzione alla psicoterapia

	<p>psicodinamica (III edizione), Cortina, Milano 2018</p> <p>- 2) A. Stella, Ipofanie. Ovvero sul disvelarsi delle origini del trauma attraverso il processo psicoanalitico, Franco Angeli, 2016.</p> <p>- 3) A. Stella, Lo specchio di Narciso e lo sguardo di Afrodite, Dedalo, Bari, 2005.</p> <p>- 4) A Stella. I Destini di Narciso, Franco Angeli, 2016.</p> <p>- 5) Kernberg O. (2007), <i>The therapeutic action of psychoanalysis: controversies and challenges</i>. "The psychoanalytic quarterly", 76S:1689-1723</p> <p>- 6) Il "counselling psicodinamico". In "Thalassa. Studi di clinica psicodinamica", vol. 5, N.1, 2018.</p> <p>Dispense:</p> <p>1) Casi Clinici.</p> <p>2) Altre</p>
Notes	
Teaching methods	Frontal lessons and experiential laboratories
Assessment methods	Oral or written exam
Further information	